

PLAN Your Ride -

MENTOR RIDE WORKSHEET

DATE: _____ TIMES: _____ Start _____ End	RIDE OBJECTIVES: 	DESTINATIONS / STOPS
PRE-RIDE	ROUTE FEATURES: (Environment, Road, Traffic patterns)	
SAFETY		
- Route		
- Directions/Maps		
- Pace		
- Formations		
- Positioning		
- Following Distance		
- Gear		
- Bike Inspection (T-CLOCS)		
- Cell Coverage		
- Bike Recovery Plan		
- Emergency Services	ROUTE PLANNING NOTES:	
- Separation of Riders		
- Sweep		
- Signals		
- Commanders agreement		
-		
-		
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GROUPING	<i>Considerations:</i>	
- Full Group vs. Pods	- Weather	
- by Experience	- Riders (New / Seasoned)	
- by Riding Style	- Fuel Stops	
- Inexperienced	- Comfort Stops	
(2nd Rider in group/pod)	- Communications	
	- Leader(s) _____	
	- Sweep(s) _____	



	Welcome & Introductions itinerary overview route overview	(at minimum group leaders and sweeps)
	Destination and Planned Stops	
	Directions/Maps	
	Pace	
	Formations	(Staggered vs. Single File)
	Intersection Protocol	
	Bike Inspection (T-CLOCS)	
	Communications (radio and/or signals)	
	Signals:	
	- Formation (Single / Staggered)	
	- Slow Down	
	- Fuel Needed	
	- Pull Off	
	- Hazard	
	- Turn signal off	
	New / Inexperienced	(Position 2nd in group -behind leader)
	3-Wheelers	(Sidecars, Trikes, CanAMs - give them the whole lane!)
	Grouping	(By Experience and/or by Ride Style)
	Sweep	(Who and why)
	Separation from group	
	Cellular Service	
	Emergency Services	
	Contingency (Bike Recovery) Plan	
	Ride Your Own Ride!	
	Q&A	

SAFE LEADER PRACTICES

	Be mindful of your riders
	Model that SAFETY is always the priority!
	Inexperienced group riders should be placed up front -behind a leader.
	When a group is broken up due to stop lights or traffic you can -
	- keep going but reduce speed until group is all together
	- use radios to keep track of groups' progress
	- pull over when safe and wait for the group
	Increase following distance behind other vehicles
	When passing vehicles, it should be done with caution.